# Barbara Parker-Bell, PsyD., LPC, ATR-BC

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#### **EDUCATION**

Post-Doctoral Psychology Training (1750 hours) October 2008-December 2010

# Psychology Associates, 120 N. Abington Rd. Clarks Summit, PA 18411

Outpatient clinical practice

Supervisor, Dr. Marilyn Deutsch, Clinical Psychologist

Clinical work included: Psychological testing of children, adolescents, adults, individual, group, and couple therapy with a cognitive behavioral orientation and an emphasis on treatment of anxiety disorders

Philadelphia College of Osteopathic Medicine Philadelphia, Pennsylvania

Doctor of Psychology July 2008

Masters of Science in Clinical Psychology
Doctoral Candidate
Doctoral Student: Clinical Psychology Program

November 2006
October 2006
Fall 2003 – 2008

Received: Award of Meritorious Distinction for Dissertation Research: "Exploring

**Professional Dementia Caregivers' Experiences"** (Qualitative Study)

Lesley College Graduate School, Cambridge, Massachusetts

Institute for the Arts and Human Development: May 1985

Degree: Master of Arts, Expressive Therapy

University of Michigan, School of Art:

Degree: Bachelor of Fine Arts (Magna Cum Laude)

Ann Arbor, Michigan

December 1980

# PROFESSIONAL LICENSURE, CERTIFICATION, AND REGISTRATION

**LPC** – Licensed Professional Counselor #PC003215 2003-Present

Commonwealth of Pennsylvania

**ATR-BC** - Board Certified Art Therapist #88-177 1996-Present

ATR - Registered Art Therapist 1988-Present

#### **CURRENT EMPLOYMENT**

# Marywood University, Scranton, PA

Tenured Associate Professor, Department of Visual Arts	Fall 2014-Present
Tenure Track Assistant Professor	Fall 2008-2014
Assistant Professor	Fall 2001-2008
<b>Director,</b> Graduate Art Therapy Program	Fall 2004 – Present
Coordinator, Undergraduate Art Therapy Program	Fall 2005-Present
Acting Director, Graduate Art Therapy	Fall 2001-Spring 2004

**Position Highlights**: Administrate programs, facilitate self-studies for accreditation processes. supervise program faculty, evaluate and revise curriculum, teach graduate level art therapy coursework, mentor theses, mentor graduate assistants, advise graduate and undergraduate students, facilitate recruitment activities, design and facilitate annual symposia

# **Graduate Courses Taught:**

- Introduction to Art Therapy
- Introduction to Family Art Therapy
- Studio in Art Therapy
- Group Dynamics in Art Therapy
- Multicultural Issues in Art Therapy
- Practicum and Group Supervision in Art Therapy
- Art Based Research and Assessment
- Psychology of Art (Graduate Level)
- Qualitative Research and Pre-thesis Seminar

#### Coordinated & Facilitated Special Program Events and Research

- <u>Tomsk State University, Russian Federation, Summer Academic and Culture Program</u> at Marywood University, Scranton, PA, July-August, 2014
- Internal Research Grant of \$3000, June 2013 for "Art of Conversation," a mixed method study exploring the impact art viewing and art making on the quality of life of older adults. Served as Primary Investigator in collaboration with co-investigator, Dr. Lynn Hutchings of Social Work, and Maslow Collection Curator, Robert Schweitzer, Research analysis completed May 2015.
- Global Perspectives in Art Therapy, Creativity, Counseling, and Psychology: Distance Learning Conferences with Tomsk State University: February, March, April 2011.
- Marywood Annual Art Therapy Symposium, 2002-2007, 2009-10, 2012, 2013-5

#### **University Service Highlights:**

- **Member, Appointed,** Institutional Review Board for Protection of Human Subjects, 2012-Present
- Chairperson, Elected, University Graduate Curriculum Committee, 2008-Present

# **ADDITIONAL POSITION**

Tomsk State University, Russian Federation

Visiting Professor of Art Therapy and Cross Cultural Studies, Appointed, August 2013

## Assist with special projects, research collaboration, and thesis mentorship

#### PREVIOUS ACADEMIC POSITION

Pittsburg State University, Pittsburg, KS

Art Therapy Educator, Department of Art Tenured Associate Professor, 1999-2001

1994-2001

Assistant Professor 1994-1999

**Position Highlights:** Designed Undergraduate Art Therapy program including BSED and BFA degree options, Created and facilitated special topics course offerings for Department of Art, Taught other art and art education course offerings, Advised an average of 20 undergraduate students per semester, showcased art and therapy related educational guest speakers for campus presentations and workshops, participated actively on university and departmental committees, presented art therapy lectures to related discipline classrooms such as psychology and therapeutic recreation, Coordinated gallery for Department of Art.

## **Undergraduate Courses Taught:**

- Seminar in Art Therapy
- Group Art Therapy
- Readings in Art Therapy
- Introduction to Art Therapy
- Art Therapy Techniques
- Topics in Art: Introduction to Electronic Arts

# CLINICAL PRACTICE AND EXPERIENCE (Select)

#### **Private Practice, Self-Employed**

**January 2011-Present** 

Provide outpatient art therapy and psychology counseling treatment at Psychology Associates, Clarks Summit, PA, serving families, children, teens, and adults with adjustment issues, mood disorders, anxiety disorders, bereavement, health issues, and relational concerns

#### **Contracted Professional Supervisor**

**Spring 2003- Present** 

Provide supervision for art therapists preparing for Registration and Certification with the Art Therapy Certification Board (ATCB).

# Coordinator of Adjunctive Therapy Services, Charter Behavioral Health Systems, San Diego, CA

1991-1994

Coordinated staffing and supervised clinicians from the following disciplines: Art Therapy, Recreational Therapy, Occupational Therapy, Dance Movement Therapy, Drama Therapy for all hospital units

#### Art Therapist,

#### Charter Behavioral Health Systems, San Diego, CA

1988-1994

Provided art therapy evaluation, treatment planning, and clinical services for inpatient mental health and substance units including acute and long-term treatment; Provided inpatient services to children, adolescents, adults, and older adults, Clinical issues related to psychosis, addictions,

eating disorders, mood disorders, and family and child behavior concerns, Provided art therapy services to intensive outpatient substance abuse program for adults.

#### **PUBLICATIONS**

#### **Articles in Peer Reviewed, Referred, Journals**

Parker-Bell, B., & Vaulina, T. (June, 2015). Russian-American Collaboration in Art Therapy and Psychology: Methods and Outcomes, *Global Partners in Education Journal, Vol. 5*, (1), 4-14, Available: http://www.gpejournal.org/index.php/GPEJ

Vaulina, T., & Parker-Bell, B. (December, 2014). Teachers' Perspectives on the Development and Implementation of a Short-term International Education Program in Art Therapy and Psychology, *Siberian Journal of Psychology, Vol. 54*, 62-71. Available: http://journals.tsu.ru/psychology?&journal\_page=archive&id=1124article\_id=18272

Parker-Bell, B. (2013). Hiring and retaining quality professional caregivers in the long-term care environment: A case study of Geisinger Mountain View Care Center, Scranton, Pennsylvania, in the International Online Journal of Case Analysis. Journal available at: ojica.fiu.edu

Peterson, B., Stoval, K, Elkins, D. & Parker-Bell, B. (2005). Art therapists and computer technology. *Art Therapy Journal of the American Art Therapy Association*, 22, 139-149.

Parker-Bell, B. (1999). Embracing a future with computers and art therapy, *Art Therapy: Journal of the American Art Therapy Association*, *4*, 180-185.

Parker-Bell, B. (1999). Exploring possibilities: Art research on the internet, *Collage: Annual Journal of the Kansas Art Education Association*, 9-13.

#### **Chapters in Peer Reviewed and Edited Books**

Parker-Bell, B. (2012). Nurse Satisfaction in the Long-term Dementia Care Environment: Fostering relationships between administration, nurses, and residents (pp.221-270), In A. McDonnell (Ed.), *Managing gerontology health services*, Boston, MA: Jones and Bartlett

Parker-Bell, B. & Pfeiffer, M. (2012). Enhancing quality of life in older adults through the creative arts therapies In A. McDonnell (Ed.), *Managing gerontology health services* (pp. 107-141), Boston, MA: Jones and Bartlett

Parker-Bell, B. (2011). Art therapy with children and adolescents: Inspiring creativity and growth. In C. Norton, *Re-inventing the wheel: Innovations in child and adolescent mental health*, (pp.18-35), New York, NY: Routledge

#### PAPERS, PRESENTATIONS, AND PROFESSIONAL WORKSHOPS (Select)

#### **Invited International (Select)**

**Presented Master's Class:** June 18, 2013, "Family Art Therapy," for graduate students, faculty, and area clinical professionals at Tomsk State University, Russian Federation

**Presented Master's Class:** June 19, 2013 "Beyond Interpretation and Verbal Processing: Part I: Mandalas and Anxiety Reduction, Part II: Assessing Graphic Indicators Using the Person Picking an Apple from a Tree Assessment," for Dean of Psychology, faculty, graduate students and area clinical professionals, Tomsk State University, Russian Federation

**Presented Paper**, November 23, 2011, "Creative Approaches to Problem Solving in Treatment," Siberian Psychology Forum for Young Scientists, Tomsk State University, Russian Federation

**Presented Workshop,** November, 21-22, 2011, (2 full days), "Art Therapy Techniques" for psychology graduate students and faculty, Tomsk State University, Tomsk, Russian Federation,

**Presented Paper,** March 14, 2011, "The 'Art' of Social Problem-solving: A Creative Approach" Global Perspectives Event (Video Conference) with Tomsk State University, Tomsk, Russian Federation

**Presented Paper**, June 26, 2010, "Utilizing Art Therapy with Adolescents," for psychology faculty and students, Tomsk State University, Tomsk, Russian Federation

## **Refereed National Conferences (Select)**

**Coordinated and Presented Panel,** July 2014, *Trailblazing Art Therapy in the Museum Setting: Exploring Collaborative Strategies, Successes, and Suggestions,* American Art Therapy Association Annual Conference, San Antonio, TX

**Presented Panel**, July 2014, *Innovative Pedagogical Practices: An AATA Education Committee Panel*, American Art Therapy Association Annual Conference, San Antonio, TX

**Presented Panel,** July 2014, *The Art Therapy Education Continuum*, American Art Therapy Association Annual Conference, San Antonio, TX

**Presented Workshop,** June 2013, "Art Therapy and Social Problem-Solving: Using Creativity to Cope with Chronic Illness," American Art Therapy Association Annual Conference, Seattle, Washington

# **Invited Speaker (Select)**

**Presented Day-long Training,** May 16, 2013, "Art Therapy with Older Adults with Mental Illness, Addressing Needs in the Long-term Care Environment," for the RAFT Program of the Arlington County Department of Human Services, Aging and Disability Services Division, Chantilly, Virginia

**Presented, Day-long Training,** April 13, 2013, "When Words are Not Enough: Art Based Strategies for Therapeutic Engagement," for SUNY Binghamton Pathway Project, Social Workers, State University of New York Binghamton, Binghamton, NY

**Presented Lecture,** April 5, 2013, "Professional Relationships in Dementia Care," Rovinsky Family Lecture Series at Philadelphia College of Osteopathic Medicine, (Clinical Psychology Community Professional Continuing Education Series), Philadelphia, PA

**Presented Workshop,** October 6, 2012, "Art Therapy with Older Adults and Caregivers: Facilitating Connection and Communication" Institute for Intergenerational Studies Southern on Aging, Inter-professional Approaches to Assist Aging Families: A Conversations in the Disciplines Conference, Binghamton University, Binghamton, NY

**Presented Workshop,** October 21, 2011, "Overcoming Obstacles Creatively: An Art Therapy and Social Problem-Solving Approach to Helping People with Auto-immune Disorders," for Pennsylvania Counseling Association, Pre-conference Learning Institutes, State College, PA

**Presented Workshop,** October 21, 2010, "From Conceptualization to Practice: Similarities and Differences between Clinical Psychology and Art Therapy," Nazareth College Graduate Art Therapy Program, Nazareth, NY

**Presented Workshop,** May 2010, "Adolescent Angst: An Art Therapy Approach," Reading Hospital and Medical Center, Department of Psychiatry, Continuing Medical Education Series, Treating Teens. Audience members included psychiatrists, psychologists, social workers and counselors, Reading, PA

#### PROFESSIONAL CONTRIBUTIONS TO THE ART THERAPY DISCIPLINE (Select)

- **Director, Board of Directors, Art Therapy Credentials Board (ATCB) National Appointed** by the board to serve on the board from January 2015- December 2016
- Director, Board of Directors, American Art Therapy Association (AATA) National Elected by membership to serve the national organization from January-2009-July 2012
- **External Program Reviewer, Consultant**, October 2013, Nazareth College, Nazareth, NY, **Invited** to review and write recommendation report for NY State review of proposed 5-year combined Bachelor's and Master's Program in Art Therapy
- Member, AATA National Conference Program Committee, Fall 2012-15.
  - **Invited** to review and evaluate presentation submissions for the national conferences
- Committee Member, AATA Education Committee, 2000-2009, 2012-14- National Contributed to committee efforts such as revision of Educational Standards
- Board Member, AATA Educational Program Approval Board, 2003-5- National Invited, Evaluated graduate programs being reviewed for Approval by AATA
- **External Program Reviewer,** April 2006, Art Department, Capital University, Columbus, OH **Invited** to evaluate Art Department with committee of professors of varied art disciplines
- **External Program Reviewer**, November 2005, Russell Sage College, Sage, NY **Invited** to evaluate and provide recommendations for Bachelors Creative Arts Therapies Program